

	INFANTS					
	July 2026					
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Apple Oatmeal	Cereal&Fruit	Chicken&Apple	Cereal&Fruit	Yogurt&Berries	
	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	
	WG Oats	WG Rice Cereal		WG Rice Cereal		
			Chicken		Yogurt	
	Pureed Apples	Mashed Strawberries	Pureed Apples	Pureed Pears	Mashed Berries	
LUNCH	Chicken Pea & Potato	Squash Lentil Puree	Blueberry Oatmeal	Chicken, Corn & Carrot	Sweet Potato&Apple Mash	
	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	
			WG Oats		WG Oats	
	Chicken	Lentils		Chicken		
	Peas	Squash		Carrots	Sweet Potato	
	Potatoes		Pureed Blueberries	Corn	Apples	
SNACK	Carrot Lentil Puree	Brown Rice & Squash	Yogurt & Berries	Brown Rice & Carrot	Beet, Oats & Strawberries	
	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	Breast Milk or Formula	
		WG Rice		WG Rice	WG Oats	
	Lentils		Yogurt			
	Carrots	Squash		Carrots	Beets	
			Mashed Berries		Strawberries	