

	September 2026					
		Tuesday 9/1	Wednesday 9/2	Thursday 9/3	Friday 9/4	Saturday 9/5
BREAKFAST		English Muffins*	Brown Sugar Oatmeal	Yogurt w/ Granola*	WG Cereal*	WG French Toast
		Whole or 1% milk	1% or Whole Milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk
		WG Flour	WG Oats	WG Granola	WG Corn Flakes	WG Bread
		Mixed Fruit Salad	Diced Pears		Peaches	Applesauce
LUNCH		Southwest Pasta*	Turkey Sandwich*	Chicken & Yellow Rice	Sloppy Joe	Meatloaf*
		Whole or 1% milk	1% or Whole Milk	Whole or 1% milk	1% or Whole Milk	Whole or 1% milk
		WG Pasta	WG Bread	WG Rice	WG Buns	WG Roll
		Chicken	Turkey, Cheese	Chicken	Beef	Beef
		Broccoli	Potato Salad	Corn	Cabbage	Mashed Potatoes
		Diced Pineapples	Mixed Fruit Salad	Applesauce	Oranges	Mixed Fruit Juice
DINNER		Taco Pie*	Chicken Pita	esto Chicken Pasta Salad	Tuna Salad	
		1% or Whole Milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	
		WG Rice	WG Pita	WG Pasta	WG Crackers	
		Beef	Chicken	Chicken	Tuna	
		Green Beans	Peas, Carrots	Cucumbers	Carrots	
		Diced Pineapples	Mixed Fruit Salad	Applesauce	Oranges	
SNACK		Snack Mix	Chocolate Hummus*	Veggies & Cheese*	WG Oatmeal Bites	WG Pastry*
		Dried Fruit/Melons	Chickpeas	Cheese	Diced Pears	Mixed Fruit Salad
		WG Pretzels	WG Graham Crackers	Cucumbers, Carrot	WG Oats	WG Flour
	Monday 9/7	Tuesday 9/8	Wednesday 9/9	Thursday 9/10	Friday 9/11	Saturday 9/12
BREAKFAST	WG Cereal*	Brown Sugar Oatmeal	WG Bagels	WG Cereal*	WG English Muffins*	WG Pancakes
	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk
		WG Oats	WG Flour		WG Flour	WG Flour
	Pineapples	Apples	Diced Pears	Peaches	Oranges	Cinnamon Apples
LUNCH	Chicken Salad Sandwich	Chicken Fajitas	Tuna Bake*	Chicken&Rice Casserole*	Pizza Bake*	Turkey Wrap*
	Whole or 1% milk	1% or Whole Milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk
	WG Bread	WG Tortillas	WG Pasta	WG Rice	WG Pasta	WG Tortillas
	Chicken	Chicken	Tuna	Chicken	Beef	Turkey,Cheese
	Cole Slaw	Seasoned Beans	Green Beans	Broccoli	Carrots	Cucumbers
	Peaches	Oranges	Mixed Fruit Salad	Applesauce	Pineapples	Mixed Fruit Juice
DINNER	Cheeseburger Mac*	TexMex Rice	Pepper Steak	Chicken Stir Fry	Turkey Wrap*	
	Whole or 1% milk	1% or Whole Milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	

	WG Pasta	WG Rice	WG Rice	WG Pita	WG Tortillas	
	Beef	Beef	Beef	Chicken	Turkey,Cheese	
	Cauliflower,Brocc,Carrots	Roasted Corn w/ Tomatoes	Carrots	Peas,GB,Carrots,Corn	Potato Salad	
	Peaches	Oranges	Mixed Fruit Salad	Applesauce	Pineapples	
SNACK	Cheese&WG Crackers*	Hummus	WG Banana Bread*	Yogurt w/ Cinnamon Tortillas	WG Cucumber Sammy*	WG Applesauce Bread
	Cheese	Chickpeas	Melons	Yogurt		Applesauce
	WG Crackers	Cucumber, Carrot	WG Flour	WG Tortillas	WG Bread	WG Flour
	Monday 9/14	Tuesday 9/15	Wednesday 9/16	Thursday 9/17	Friday 9/18	Saturday 9/20
BREAKFAST	WG Cereal*	WG Bagels	WG French Toast*	WG Cereal*	Yogurt w/ Granola*	Cheesy Grits
	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk
		WG Flour	WG Bread		WG Oats	WG Grits
	Diced Pears	Pineapples	Oranges	Applesauce	Yogurt	Diced Pears
LUNCH	Chicken Mac*	Taco Bake*	Chicken & Yellow Rice	Chili Mac*	BBQ Chicken Sandwich	Buffalo Chicken Dip
	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk
	WG Pasta	WG Rice	WG Rice	WG Pasta	WG Bread	WG Crackers
	Chicken	Beef	Chicken	Beef	Chicken	Chicken
	Zucc,Squash	Corn	Green Beans	Cauliflower,Brocc,Carrots	Coleslaw	Celery
	Applesauce	Mixed Fruit Salad	Diced Pears	Pineapples	Mixed Fruit Salad	Mixed Fruit Juice
DINNER	Shephard's Pie	Enchilada Pie*	Baked Lasagna*	Chicken Pot Pie	Turkey Pasta Salad*	
	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	
	WG Roll	WG Crust	WG Pasta	WG Crust	WG Pasta	
	Beef	Chicken	Beef	Chicken	Turkey	
	Mashed Potatoes	Beans, Salsa	Collards	Green Beans	Cucumber	
	Applesauce	Mixed Fruit Salad	Diced Pears	Pineapples	Mixed Fruit Salad	
SNACK	Milk & WG Crackers*	WG Banana Bread	Snack Mix	WG Cheese Sandwich*	Veggie Pasta Salad*	Peach Crisp
	Whole or 1% milk		Dried Fruits/Melons	Cheese		Peaches
	WG Crackers	WG Flour	WG Pretzels	WG Bread	WG Pasta	WG Oats
	Monday 9/21	Tuesday 9/22	Wednesday 9/23	Thursday 9/24	Friday 9/25	Saturday 9/26
BREAKFAST	WG Cereal*	English Muffins*	Brown Sugar Oatmeal	WG Cereal*	WG Bagels*	English Muffins*
	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk
		WG Flour	WG Oats		WG Flour	WG Flour
	Pineapples	Diced Pears	Melons	Applesauce	Peaches	Applesauce
LUNCH	Chicken Fried Rice	Arroz Con Pollo	Turkey Sandwich*	Chili	Baked Spaghetti*	Chicken Pasta Salad

	Whole or 1% milk	Whole or 1% Milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk
	WG Rice	WG Rice	WG Bread	WG Rolls	WG Pasta	WG Pasta
	Chicken	Chicken	Turkey,Cheese	Beef	Beef	Chicken
	Peas,GB,Carrots,Corn	Cauliflower,Brocc,Carrots	Cucumbers	Beans, Tomatoes	Cabbage	Cauliflower,Brocc,Carrots
	Apples	Mixed Fruit Salad	Pineapple	Dice Pears	Orange	Mixed Fruit Juice
DINNER	Pizza Bake*	Beef Nachos*	Chicken & Gravy*	Tuna Salad	Chicken Pasta Salad*	
	Whole or 1% milk	Whole or 1% Milk	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk	
	WG Pasta	WG Tortilla Chips	WG Roll	WG Crackers	WG Pasta	
	Beef	Beef, chees	Chicken	Tuna	Chicken	
	Green Beans	Salsa, Beans	Mashed Potatoes	Broccoli	Carrots	
	Apples	Mixed Fruit Salad	Pineapple	Dice Pears	Oranges	
SNACK	WG Oatmeal Bites	Milk & Veggies*	WG Crackers & Cheese*	Yogurt w/ Cinnamon Tortillas	Chocolate Hummus*	Buffalo Chicken Dip
	Diced Pears	Whole or 1% milk	Cheese	Yogurt	Chickpeas	Chicken
	WG Oats	Carrots	WG Crackers	WG Tortillas	WG Graham Crackers	WG Chips
	Monday 9/28	Tuesday 9/29	Wednesday 9/30			
BREAKFAST	WG Cereal*	WG Muffins*	WG French Toast*			
	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk			
	WG Rice Crispies	WG Flour	WG Bread			
	Applesauce	Pineapples	Peaches			
LUNCH	Chicken&Rice Casserole*	Fiesta Beef Pasta*	Chicken Mac*			
	Whole or 1% milk	Whole or 1% milk	Whole or 1% milk			
	WG Rice	WG Pasta	WG Pasta			
	Chicken	Beef	Chicken			
	Broccoli	Corn	Green Beans			
	Diced Pears	Oranges	Mixed Fruit Salad			
DINNER	Sloppy Joe	Chicken Tacos*	Turkey Pasta Salad*			
	1% or Whole Milk	Whole or 1% milk	Whole or 1% milk			
	WG Buns	WG Tortillas	WG Pasta			
	Beef	Chicken, Cheese	Tuna			
	Cabbage	Salsa,Lettuce	Cucumber			
	Diced Pears	Oranges	Mixed Fruit Salad			
SNACK	WG Applesauce Bread*	WG Cucumber Sammy*	Veggies & Cheese*			
	Melons	Cucumbers	Cheese			
	WG Flour	WG Bread	Cucumbers, Carrots			